

**EOSL – Rules Summary 2024
Regional Rules**

Regional Rule Summary	U-13	U-14	U-15	U-16	U-17	U-18
Ball Size	# 5	# 5	# 5	# 5	# 5	# 5
Offside	Yes	Yes	Yes	Yes	Yes	Yes
Goal Size (in feet)	24x8	24x8	24x8	24x8	24x8	24x8
Length of Games (See Note 5)	2x40	2x45	2x45	2x45	2x45	2x45
Minimum Players on Field	7	7	7	7	7	7
Maximum Players on Field	11	11	11	11	11	11
Maximum Players on Game sheet	20	20	20	20	20	20
Distance from Ball on Restarts (in yards)	10	10	10	10	10	10
Substitution for Sent Off Players	No	No	No	No	No	No
Substitution on Throw-In at Request of Attacking Team (See Note 1)	Yes	Yes	Yes	Yes	Yes	Yes
Substitution on Corner Kicks	No	No	No	No	No	No

Note 1: If the team who is allowed to substitute does so, the other team may also substitute at the same time.