

EOSL INDOOR U8 RULES SUMMARY

Ball Size	3
Goal Size	Maximum 5' x 8'
Game Duration	Must fit into the time allotted by the facility. Head Coaches will agree on the format before the game starts.
Max Players on Game Sheet	14
Min Players on Field	4
Max Players on Field	5
Substitutions	At any time, including while the ball is in play. The player on the field must exit before the substitute can enter
Pass Back to Keeper	Permitted
Kick Ins	Kick or Dribble In
Free Kicks	All Free Kicks are indirect
Kick in After Goal	Goal-Kick preferred for fluidity. At half may be used if a team is having trouble getting out of their end
Retreat Line	There is no offside. The retreat line is at half, well-marked with flat cones, and is used for Goal Kicks and Keeper Restarts. Opposing players may not touch the ball until someone other than the Keeper has played it. If the Keeper drops the ball at their feet, the above does not apply.
Red and Yellow Cards	No, however, the Game Leaders may agree to sit a player for 2 to 5 minutes. During this time, the team can field a substitute.